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**April 5**

***Science of Sound: Transformative Technology***

The world of transformative technology is growing and includes everything from apps to cutting edge inventions that are improving our quality of life and allowing humans to experience life beyond our senses. Learn how the ancient sounds of meditation and the music from your smart phone are working together to empower your healing and growth.

**May 3**

***Latino Health: Dancing into Good Health***

Join us as we explore the health issues impacting Latino communities and learn how getting your salsa on can reduce stress, increase energy, improve muscle tone and improve your mood.

**June 7**

***Sounds of Houston***

What is the soundtrack to your life? Music is all around us and it significantly impacts the formation of our identity. It's a great way to express ourselves about life issues. Explore the human culture of music. Hear from the local LGBTQ activists who are lending their voices to change the landscape of Houston.

**June 14**

***Music & Health***

***Live Performance by Stephanie Rice***

Stephanie Rice is a Texas born pop-rock singer-musician who recently found international acclaim on Season 12 of NBC's The Voice. After coming out as a lesbian to her parents 10 years ago, she became estranged, finding herself completely alone and unwanted. She is a graduate of University of Houston. She entered the

professional medical field where she conducted ground-breaking research involving HIV, later even publishing an article for the Journal of Aids. Throughout Stephanie's time as a scientist, she continued aspiring to share through songs her observation of life , love and pain.

## **July 12**

### **A Life of Music**

CW Houston NewsFix Anchor, Grego presents *A Life in Music*. Greg Onforio was a radio disc jockey and talk host for 23 years. He has done lots of issue-oriented, pop-culture radio. He has a keen understanding of the importance of music on health and its role in our everyday lives. Part of his mission is spreading love wherever he goes. Join us for a colorful conversation unconventional approaches to life through music.

